

What is ADD/ADHD?

Assessment:

For ADHD, a licensed professional is the only person who can make the diagnosis of ADHD. When the parent(s) realize there may well be a problem, a referral is made by the family physician which begins the process of the assessment. The professional will observe the child and evaluate all of the information provided by the parents, the family physician, the educators and any other individuals or agency involved with the child. They begin by reviewing family, medical and educational history, a medical examination is performed, observing the child during the interview. Children with ADHD commonly behave well on the first visit, they perform a variety of psychological, social and emotional testing. There may be a request for a variety of blood tests to rule out other disorders or illnesses.

Once the information is reviewed, the practitioner then determines if ADD/ADHD is present. If so, he/she will then determine if another disorder “co-exists” with ADD/ADHD.